

North Shore Medical Imaging

MRI | X-Ray | Mammography | Ultrasound | Bone Density

West Vancouver

Hollyburn Medical Centre
110 - 575 16th Street
West Vancouver, BC V7V 4Y1
Tel: 604 922 9141
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www.nsmi.ca

BONE DENSITY REQUISITION

To book an appointment, please call: 604 987 9729 or 604 922 9141 We require your BC CareCard number at this time. When booking your examination, please inform the receptionist if you have had a barium or nuclear medicine study within the past 3 weeks.

Dr: _____ Billing #: _____ Date: _____

Clinic: _____

Additional copy to: _____

Patient Name Last: _____ First: _____

Address: _____ Postal Code: _____

Phone: _____

Date of Birth: (dd/mm/yy) _____ Male Female

Personal Health Number (BC CareCard): _____

APPOINTMENT: Date: _____ Time: _____

PERTINENT HISTORY

Previous lumbar spine x-rays	Location	Date	Previous bone densitometry	Location	Date
<input type="checkbox"/> Yes <input type="checkbox"/> No			<input type="checkbox"/> Yes <input type="checkbox"/> No		

EXAMINATION REQUESTED:

SCREENING BONE MINERAL DENSITOMETRY (BMD)

Payment is the responsibility of the patient. BMD is NOT insured for:

- Routine screening of men and women less than 65 years of age
- Part of routine screening around time of menopause
- Investigation of chronic back pain
- Investigation of exaggerated dorsal kyphosis

DIAGNOSTIC BMD

BMD is only indicated if it is likely to alter treatment and is considered an MSP insured service for patients with moderate or higher risk of fracture, as outlined in the Osteoporosis Guideline at www.bcguidelines.ca. The risk can be determined using the FRAX calculator at www.shet.ac.uk/FRAX

- Risk factors include:
- Age > 65 years
 - Current smoking
 - Secondary Osteoporosis
 - Previous fragility fractures
 - Rheumatoid Arthritis
 - Alcohol consumption > 3 units/day
 - Having a parent with fractured hip
 - Glucocorticoids

- Check One**
- | | |
|---|--|
| <input type="checkbox"/> Moderate Risk (10 - 20% 10 year fracture risk) | <input type="checkbox"/> Recent Hip Fracture |
| <input type="checkbox"/> High Risk (> 20% 10 year fracture risk) | <input type="checkbox"/> History of Fragility Fracture |

Follow-up BMD Measurements

There is insufficient evidence to recommend testing frequency for patients not taking OP medications. For Patients on OP medications, repeat BMD exams are not justified based on current evidence and not considered medically necessary prior to 3 years after the original measurement and only if it is likely to alter patient management.

The following exceptions apply:

- Patients receiving ≥ 7.5 mg prednisone daily, or its equivalent for three months consecutively who require a baseline examination and repeat scans at six month intervals while on treatment.
- Patients in whom an early exam may be indicated: moderate or high risk patients on OP medications with multiple risk factors and test is likely to alter patient management.

Doctor stamp

Clinic stamp